A COLLEGE STUDENT'S GUIDE TO ACCESSING SNAP BENEFITS

In response to the COVID-19 pandemic, recent legislation allows SNAP to temporarily remove certain restrictions and make it easier for students to receive food assistance. Right now, due to federal flexibilities, SNAP households with 1 person are receiving $234 per month.

How to know if you qualify under the new, temporary SNAP eligibility:

If you are a student enrolled at least half-time in a higher education institution (e.g., college, university, trade/technical school) and meet **one of the two following criteria** you may receive SNAP benefits if you meet all other SNAP eligibility criteria (visit hhs.texas.gov/services/food/snap-food-benefits):

*For guidance on immigrant students and access to public benefits visit: immigrationforum.org/article/fact-sheet-immigrants-and-public-benefits/

A student who is **eligible to participate in state or federally funded work-study** during the school year.

**Documentation that you may be asked for to determine if you meet this criteria:**

- You can provide a **copy of your financial aid award letter to show you are eligible for work study**. You can find this letter in your school’s financial aid portal or be able to request it from your financial aid office and/or advisor.
- You can provide a **letter from your school** indicating that you are eligible for work study.
- You can request your **school to provide a letter or communicate this information to your state SNAP agency**.

A student who has an **Expected Family Contribution (EFC) of 0** in the current academic year. (Note: Any student who receives the maximum Pell Grant has an EFC of $0.)

**Documentation that you may be asked for to determine if you meet this criteria:**

- You can provide a copy of your financial aid award **letter or your Student Aid Report (SAR) to show that you have an Expected Family Contribution (EFC) of 0**.
- You can provide a **letter from your school** indicating that you have an EFC of 0.
- You can provide a **copy of your financial aid award letter** or letter from your school **displaying the Pell Grant amount**.
- You can request your **school provide a letter or communicate this information to your state SNAP agency**.
- Financial Aid Administrators may use **unemployment documentation** – including receipt of unemployment benefits or letters from the state unemployment agency – to reduce or adjust to 0 the income earned from work for you or your parent.

You can apply for SNAP by:

- visiting **YourTexasBenefits.com**;
- calling **2-1-1**;
- or through **community partners like food banks** across the state.

**EVERY TEXAN**