A COLLEGE STUDENT'S GUIDE TO ACCESSING SNAP BENEFITS

In response to the COVID-19 pandemic, recent legislation allows SNAP to temporarily remove certain restrictions and make it easier for students to receive food assistance.

Right now, due to federal flexibilities, SNAP households with 1 person are receiving \$234 per month.

How to know if you qualify under the new, temporary SNAP eligibility:

If you are a student enrolled at least half-time in a higher education institution (e.g., college, university, trade/technical school) and meet *one of the two following criteria* you may receive SNAP benefits if you meet all other SNAP eligibility criteria (visit https://his.texas.gov/services/food/snap-food-benefits):



*For guidance on immigrant students and access to public benefits visit: immigrationforum.org/article/fact-sheet-immigrants-and-public-benefits/

A student who is eligible to participate in state or federally funded work-study during the school year.



Documentation that you may be asked for to determine if you meet this criteria:

- You can provide a copy of your financial aid award letter to show you are eligible for work study. You can find this letter in your school's financial aid portal or be able to request it from your financial aid office and/or advisor.
- You can provide a *letter from your school* indicating that you are eligible for work study.
- You can request your *school to provide a letter* or communicate this information *to your state SNAP agency*.

You can apply for SNAP by:

- visiting YourTexasBenefits.com;
- calling **2-1-1**;
- or through community partners like food banks across the state.

A student who has an Expected Family Contribution (EFC) of 0 in the current academic year.

(Note: Any student who receives the maximum Pell Grant has an EFC of \$0.)



Documentation that you may be asked for to determine if you meet this criteria:

- You can provide a copy of your financial aid award letter or your Student Aid Report (SAR) to show that you have an Expected Family Contribution (EFC) of 0.
- You can provide a *letter from your school* indicating that you have an EFC of 0.
- You can provide a copy of your financial aid award letter or letter from your school displaying the Pell Grant amount.
- You can request your school provide a letter or communicate this information to your state SNAP agency.
- Financial Aid Administrators may use *unemployment documentation* including receipt of unemployment benefits or letters from the state unemployment agency to reduce or adjust to 0 the income earned from work for you or your parent.

